

## **Story MA Epping Timetable**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am	Fitness Kickboxing		Fitness Kickboxing			9am - Dragons 3-5yrs
4pm	Dragons 3-5yrs	Dragons 3-5yrs	Dragons 3-5yrs	Dragons 3-5yrs		9am - Family Class (Junior, Teens and Adults)
4:40pm	Juniors All Levels (6-11yrs)	9:30am - Dragons 3-5yrs				
5:20pm	Juniors All Levels (6-11yrs)	9:40am - Juniors All Levels (6-11yrs)				
6pm	Teens and Adults Taekwondo/ Kickboxing	Teens and Adults Taekwondo/ Kickboxing	Teens and Adults Taekwondo/ Kickboxing	Teens and Adults Taekwondo/ Kickboxing	Taekwondo Competition Sparring (Invite only)	10am - Dragons 3-5yrs
6pm	Juniors Advanced (6-11yrs)	Juniors Advanced (6-11yrs)	Juniors Advanced (6-11yrs)	Juniors Advanced (6-11yrs)		10:20 - Juniors All Levels (6-11yrs)
6pm	SEP	Beyond Black Belt All Ages	Beyond Black Belt All Ages	Beyond Black Belt All Ages		10:20 - Beyond Black Belt All Ages
6:40pm	Beyond Black Belt All Ages		11am - Juniors All Levels (6-11yrs)			
						1pm Birthday Party Bookings Available



# **Story MA Kalkallo Timetable**

	Monday	Tuesday	Saturday
Little Ninjas (2yrs)	4pm	4pm	
Dragons (3-5yrs)	4:30pm	4:30pm	9am
Juniors/Teens Taekwondo and Kickboxing (6-14yrs) Beginners	5pm	5pm	9:30am
Juniors/Teens Intermediates (Green Belt +)	5:40pm	5:40pm	
Adults Taekwondo		6:20pm	10:10am



# **Story MA Preston Timetable**

Ninjas (2-3yrs) - Dragons and CUBS (4-5yrs)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		4:10pm Dragons			9am Ninjas
5:20pm CUBS BJJ	5:20pm CUBS BJJ	5:20pm CUBS BJJ	5:20pm CUBS BJJ		9:30am Dragons

### **Juniors 6-11yrs and Teens 12-14yrs**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:40pm Juniors Kickboxing	4:40pm Juniors Taekwondo All Levels	4:40pm Juniors Taekwondo All Levels	4:40pm Juniors Taekwondo All Levels		10am Juniors TKD All Levels
5:20pm Juniors Gi BJJ All Levels	5:20pm Juniors No-Gi BJJ All Levels	5:20pm Juniors Gi BJJ All Levels	5:20pm Juniors No-Gi BJJ All Levels		10:40am Juniors Kickboxing
5:20pm Teens Gi BJJ All Levels	5:20pm Teens No-Gi BJJ All Levels	5:20pm Teens Gi BJJ All Levels	5:20pm Teens No-Gi BJJ All Levels		

#### Adults 15+

Monday	Tuesday	Wednesday	Thursday
6pm Wrestling Beginners	6pm Kickboxing All Levels	6pm Kickboxing All Levels	6pm Kickboxing All Levels
7pm Womens Brazilian Jiu Jitsu	6pm Gi Brazilian Jiu Jitsu Intro + Fundamentals	6:45pm Brazilian Jiu Jitsu No-Gi All Levels	6:45pm Brazilian Jiu Jitsu No-Gi All Levels
	6:45pm Brazilian Jiu Jitsu No-Gi All Levels	7:45pm Brazilian Jiu Jitsu No-Gi (Advanced only)	7:30 Wrestling (Wranglers)
	7:45pm Brazilian Jiu Jitsu No-Gi (Advanced only)		



## **Story MA Beveridge Timetable**

	Saturday
Little Ninjas (2-3yrs)	9am
Dragons (4-5yrs)	9:30am
Juniors Taekwondo and Kickboxing (6-12yrs) Beginners	10am
Adults Kickboxing 13+	10:40am